

Speaker's Biosketch

ICoLA 2024

Jung Hyun Kwak (Inje University, Republic of Korea)

Jung Hyun Kwak is an assistant professor in the department of food technology and nutrition at Inje University in Korea. She obtained a BSc in food and nutrition from Sungshin Women's University, and a MSc and PhD in clinical nutrition from Yonsei University. She worked as a postdoctoral researcher at the aging science institute at Yonsei University and conducted research to evaluate the effects of various functional food intake on chronic diseases. Also, she studied the risk of cardiovascular disease according to genetic polymorphisms related to lipid metabolism.

She worked as a research professor at the department of preventive medicine at Gachon University, food and nutrition at Eulji University, and the nutritional epidemiology laboratory at Gangneung-Wonju National University, conducted nutritional epidemiology research to identify associations with chronic diseases and dietary factors.

Her main research interest is identifying the association between dietary factors and chronic diseases such as hypertension, type2 diabetes, obesity, and dyslipidemia. Recently, she has confirmed the association between various diets and the incidence and death of gastric cancer, and is also researching the association of air pollution with chronic diseases and the interaction of diet with these.